## Let's get started.

Usage and product information.



### A note from our founders.

We're so glad you've decided to take this healthy path to wellness. We've experienced firsthand how well CBD works and believe that anyone impacted by occasional anxiety, aches and pains, or sleeplessness can live a better life with it.

We created Feals to give people a better way to feel better without any high, hangover, or addiction. Our approach is simple: Quality product, quality people, and quality care.

To your health, Eric, Drew, and Alex

## How to use The Flight.

Three vials, three strengths. Now what?

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## The Basics

#### **IT'S A TINCTURE**



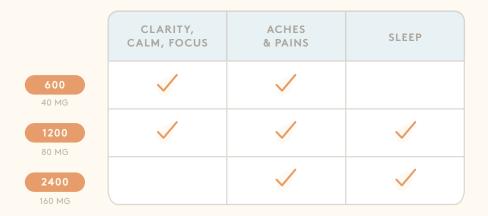
Our CBD oil is meant to be ingested. We recommend pouring the entire vial under your tongue and waiting 30 seconds before swallowing.



#### NOTE THE DOSAGE

Generally speaking, CBD has a calming effect, but lower dosages may help provide clarity and focus, while higher dosages tend to sedate.

# What are you taking CBD for?



# When is the best time to take it?



#### TAKE IN THE AM

If you're looking for mental clarity or to feel alert and productive during the day...start with the 40 MG.



#### TAKE IN THE PM

If you're seeking relief from aches and pains, or looking for a better night's sleep... start with the 80 MG.

# Anatomy of the vial

#### Yes, you can reseal it (!)

The lot number corresponds to lab results specific to this batch of Feals.

Feals is made up of two ingredients: an organic MCT oil + a full-spectrum hemp extract.

This refers to the total amount of CBD in the vial. In this case, it's 40 MG.

## How to tell if it's working:

#### SEE HOW YOU FEEL



Because each of us has a unique endocannabinoid system, CBD affects everyone differently. Sometimes the effects are subtle, and you'll find it's easier to notice what you don't feel as opposed to what you do.



#### MAKE IT A HABIT

The Flight is designed as a sample, so you can determine the right dosage and strength. Once you find your match, taking CBD regularly as part of your routine will help you feel the full benefits.

## Flight FAQ

### WHY DOES FEALS TASTE/SMELL LIKE CANNABIS?

Terpenes are known for their therapeutic benefits and are a natural component found in all plants that give them their distinct flavor and aromatic qualities.

#### HOW LONG WILL IT TAKE TO FEEL THE EFFECTS?

The short answer is: it varies. Most people feel something within 30-45 minutes.

#### CAN I PUT IT IN/MIX IT WITH SOMETHING?

Totally! We've seen customers mix our oils in water, smoothies, or even in their morning coffee. Keep in mind, taking Feals by holding a few drops under your tongue for 30 seconds before swallowing is going to be the most effective.

#### **NEXT STEPS**

## Ready to buy your first bottle of Feals?

As a thank you for trying The Flight, we'd like to offer you \$20 off your first order with code **UPGRADE**.

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# Quality, guaranteed.

Every batch of Feals goes through rigorous testing. Third-party lab tests are available via QR code on every Feals product, including The Flight. Just open up the camera on your phone, point it at the QR code and the results will pop up.



## Feel your best each month.

In addition to saving 30% off your monthly order, you can easily swap strengths or pause at any time. Plus, you'll earn a \$20 account credit for every friend you refer to Feals. It's a win-win.

Learn more at feals.com/membership.



### NEED GUIDANCE? We're here for you.

Don't hesitate to email or call us (after all, we were all new to CBD once).

🌜 844.311.9090 │ 🖸 hello@feals.com │ 🖵 help.feals.com



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